

BEAUTY
BOOSTER

SKINGAIN

WITH TYPE I AND II COLLAGEN AND
VITAMIN C THAT CONTRIBUTES TO THE
SKIN'S NATURAL COLLAGEN FORMATION



THIS IS SKINGAIN!

COLLAGEN - BENEFICIAL FOR SKIN AND JOINTS

SKINGAIN STUDY

SATISFIED SKINGAIN USERS

FREQUENTLY ASKED QUESTIONS



THIS IS SKINGAIN

SKINGAIN™ is a new and natural way of counteracting the skin's ageing process.

SKINGAIN™ contains a unique and patented blend of vitamin C and collagen type I and II. Collagen is the most important protein in the connective tissue and can make up about 30 % of the total protein weight and as much as 75 % of the protein in the skin. Collagen is important for both the strength of the skin and the tissue structure.

SKINGAIN™ also contains vitamin C that contributes to the normal formation of collagen.

DR. ROALD STRAND:

Collagen - beneficial for both skin and joints.

Through the extraction of collagen from fish cartilage combined with collagen from cow skin it has been possible to design SKINGAIN, a natural product beneficial for the whole body. It has a favourable effect on the skin, hair and nails, can counter osteoporosis and stop or reduce painful wearing and tearing of the cartilage in the joints. In this case one can actually combine looking better with feeling better. In the past people used to get much more collagen through their everyday diet but today only a few people eat cartilage.

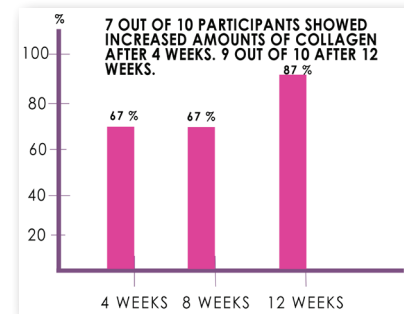
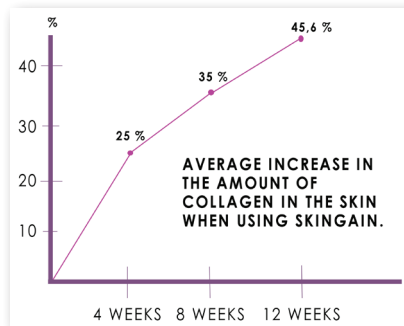


SKINGAIN STUDY:

EFFECTS THE AMOUNT OF COLLAGEN & THE ELASTICITY OF THE SKIN

During 12 weeks, from September to December 2011, a total of 48 women between the ages of 30 and 65 years, all from the county of Vestfold, just about an hour south of the Norwegian capital Oslo, participated in a study on Skingain. The goal of the study was to map out the development of the amount of collagen in the skin as a result of the use of this product. The skin elasticity was also measured and a dermatologist assessed the visual development over time.

All participants were taking SKINGAIN twice every day over a period of 3 months and were examined every 4 weeks. Dr. Roar Strand was onboard with technical assistance and was present during several of the measurements.



- SKINGAIN resulted in a 25 % increase in the amount of collagen in the skin after 4 weeks.
- There was a 35 % increase after 8 weeks and a 45,6 % increase after 12 weeks!
- 7 out of 10 test persons experienced an increase in collagen after only 4 weeks.
- After 12 weeks, 9 out of 10 test persons had a significant increase in the amount of collagen.
- The participants' own evaluations of the results were positive. Increased moisture in the skin, smaller pores, smoother skin, reduced pigmentation/couperose, a reduction of fine lines and small wrinkles and firmer skin was normal feedback. Many of the test persons also pointed out improvements in hair and nails and some also noticed less pain in muscles and joints.

SATISFIED SKINGAIN USER:

MY SKIN IS SO MUCH MORE MOIST!



In addition to the improvements of hair and skin my nails have become noticeably stronger. They grow faster and do not break as easily

HANNE VIRIK (38)

During the autumn of 2011, Hanne Virik from Sandefjord, Vestfold, participated in a study on a new collagen product called Skingain™. During a period of 12 weeks she used the product on a daily basis and the results have exceeded all of her expectations.

Her face got a lift!

The measurements of the amount of collagen in Hanne's skin has been increasing for every measurement but it was the before and after pictures that gave her the biggest surprise.

I have a more open gaze. The small lines under my



eyes are less visible and my eyebrows more defined.

Moister skin

After only 4 weeks on Skingain Hanne also noticed that her skin had a new glow and tells us that the skin on her body is less dry.

In addition my hair is much more cooperative, Hanne adds enthusiastically. It grows faster, seems softer and is less dry than it used to be.

Imagine that something as simple as drinking a powder diluted in water or other fluids can give such noticeable results in such short time! It even tastes good, she adds smilingly.

THE DERMATOLOGIST ON HANNE'S DEVELOPMENT:

After 12 weeks on Skingain Hanne looks more youthful and her skin seems fuller. The skin on her neck is firmer, her eyelids have been lifted and her eyebrows are more defined. Her eyes seem bigger because her skin is firmer.

The wrinkles on her forehead are less prominent and the corners of her mouth less heavy. The outline of her cheeks and chin has improved, her pores are noticeable smaller and couperosis significantly reduced. Her skin also seems brighter and the wrinkles under her eyes are less visible.

SATISFIED SKINGAIN USER:

MY SKIN HAS HAD A LIFT!

HEIDI HAAVELMOEN (44)

During the autumn of 2011, Heidi Haavelmoen from Aasgaardstrand, Vestfold, participated in a study on a new collagen product called Skingain™. During a period of 12 weeks she used the product on a daily basis.

Effect on hair and nails

- I had no great expectations about the efficiency of this product and noticed no changes during the first few weeks. I noticed the first signs of something happening on my nails and hair. My nails stopped breaking and my hair started growing incredibly fast.

THE DERMATOLOGIST ON HANNE'S DEVELOPMENT:

Heidi has got a younger expression. After 12 weeks of SKINGAIN the cheeks and corners of her mouth has been lifted, her eyes have opened up and both eyebrows and eyelids had a visible lift. Her chin is more defined and her skin significantly less greasy and seems smoother. Blocked pores and small acne on her forehead is completely gone and the lines on her throat are less prominent than before. The same goes for the fine lines and small wrinkles beneath her eyes. Her skin has less couperosis and a more even skin tone.

Improvements in the skin

Somewhere in the middle of the study she started to notice a positive effect on her skin as well. – My skin was less greasy and my pores noticeable smaller. I used to be bothered with couperosis as well but that disappeared too. My skin seemed less dry – not only in the face but on my whole body.

A natural lift

Heidi had a real eye-opener when she was shown the before and after pictures after the study was completed. – I had actually been given a facelift! And without any form of surgery or through the use of expensive serums.



-I no longer have to powder my face to cover up couperosis or greasy skin.

SATISFIED SKINGAIN USER:

GOT RID OF PIGMENTATION!

NAOMI NESSE (38)

During the autumn of 2011, Naomi Nesse from Aasgaardstrand, Vestfold, participated in a study on a new collagen product called Skingain™. During a period of 12 weeks she used the product on a daily basis and the results have exceeded all of her expectations.

A natural facelift!

-It is difficult to detect skin changes in your face from day to day, Naomi admits, but towards the end of the study she felt that something positive had happened.

– My skin felt firmer and the pores smaller. But it was not until she saw the before and after pictures

that the improvements became real to her.

- My skin has become smoother and has a new glow. In addition my hair is less dry. The wrinkles around my mouth in particular have been reduced and I can see that my cheeks are fuller. It's like I have been given a natural facelift!

Pigmentation disappeared

Naomi has been bothered with pigmentation and couperose/burst blood vessels in the skin. When the study was completed she discovered to her delight that these problems had almost disappeared.

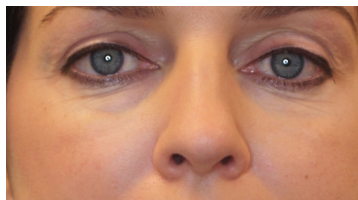
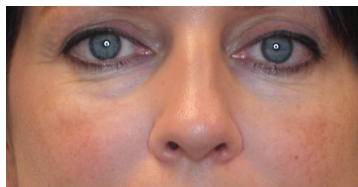
- My skin used to be red and uneven. The couperosis and pigmentation has been significantly reduced and my skin has gained a new glow.

THE DERMATOLOGIST ON NAOMI'S DEVELOPMENT:

After 12 weeks of taking SKINGAIN, Naomi's cheek pigmentation has been reduced with about 70 % and the couperosis is almost completely gone. Her pores are less visible, her eyelids lifted and the bags under her eyes reduced. Naomi's skin has become clearer and less greasy and her facial skin tone in general has become smoother. Smaller wrinkles like smile lines on the corners of her mouth and around the eyes are less prominent and her lips have become fuller.



-My skin is smoother and more radiant. I addition my hair is no longer dry and brittle.





FAQ - Frequently asked questions



We have gathered the answers to the questions we usually get regarding Skingain. For more information about the product, please visit www.skingain.no

COLLAGEN – WHAT IS IT?

Collagen is the protein that makes up the primary structure of the skin and close to 30 % of the body's total content of protein. Collagen strengthens the skin, provides flexibility and has a unique ability to contain moisture.

The skin consists of about 75 % collagen but with increasing age and exposure to sunlight the fiber components in the collagen are weakened. They lose their elasticity and the result is a dryer, more wrinkled and less elastic skin.

DOES THE PRODUCTION OF COLLAGEN DECREASE THROUGH THE YEARS?

Yes. When the body's collagen and elastin production decreases the skin will start to show signs of ageing since collagen is the protein in the connective tissue that keeps

the skin free of wrinkles and fine lines.

Between the ages of 20 and 30 the production of collagen is dramatically reduced and after you have turned 60 the production of collagen has decreased with more than 35 %. The body starts to break down the skin when its ability to form collagen decreases and that is why we get wrinkles as we get older.

WHERE DOES THE COLLAGEN IN SKINGAIN COME FROM?

Collagen type I is extracted from cattle and collagen type 2 is extracted from the cartilage of a deepwater fish called spiked kate. Both types are free of additives.

SKINGAIN

Frequently asked questions

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WHY ADD VITAMIN C TO SKINGAIN?

Vitamin C contributes to the normal formation of collagen in the body, something that is important for the normal functions of both skin and cartilage. Vitamin C also helps the immune system to function normally.

ARE THERE ANY KNOWN SIDE EFFECTS?

No negative side effects have been reported.

WHO CAN USE SKINGAIN?

Everybody can use Skingain but it is not advisable to give it to small children. Expecting or breastfeeding mothers should

consult their physician before use.

IS IT SAFE TO COMBINE SKINGAIN WITH OTHER FOOD SUPPLEMENTS?

Yes, there are no known contraindications between Skingain and other food supplements.

HOW LONG SHOULD I KEEP ON TAKING SKINGAIN?

The human body needs a continuous production of collagen throughout the whole life. Skingain should be taken regularly to achieve the best result.

Did you know?

- Collagen is the most common protein in our bodies.
- Collagen is a natural part of the structures of tendons, ligaments, joints, muscles, skin, hair and other important organs.

FOR MORE INFORMATION PLEASE VISIT
WWW.SKINGAIN.NO

CONTACT INFORMATION:

Med-Eq AS, Farmannsveien 18-22, N-3111 Tønsberg,
Norway. E-Mail: health@med-eq.com
www.med-eq.com

